# Print4Safety

# SAFETY INSTRUCTIONS









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# **ROOF LADDER**

## **SAFETY PRECAUTIONS & WARNINGS**

It is in the interests of those operating this equipment, and for the safety of others, that these SAFETY PRECAUTIONS & WARNINGS are carefully read and understood before operating this equipment.

## **PURPOSE**

 This type of ladder is designed for scaling sloping roof structures in a safe manner.

## PERSONAL SAFETY

- This equipment is designed for use by an able bodied adult and those with specialist skills and experience. Anyone with either temporary or permanent disability must seek expert advice before using it. It must not be used by minors, or by anyone under the influence of drugs or alcohol.
- If the equipment is not used in a safe, careful and controlled way, personal injury or injury to others may result.
- As work with this equipment is undertaken at heights, for safety reasons it is important that you familiarise yourself with the equipment and the manner it functions.
- Care must be taken when erecting the ladder, adjusting it and when moving it.
- Before starting your work, think and plan ahead to ensure you, and others around you, will be working in a safe environment.
- When using this equipment, it is recommended that the following items of Personal Protective Equipment (PPE) be worn:
  - Safety helmet to EN397 or BS52400.
  - Strong, non-slip soled shoes/boots or safety boots to EN345 or BS1870/4972.
  - Appropriate industrial gloves.

Note: Other types of work, or environment, may require a higher level of PPE.

## **OPERATING AREA SAFETY**

- Before commencing work, ensure that the area you are to use the ladder on is a safe environment.
- Ensure the immediate area below you is kept clear. Erect safety barriers as necessary.
- Make sure that no one is close by that could distract you whilst using the ladder.
- 11. Ladders are not to be used in windy or wet environment.
- Anybody who is working near to you will also need to wear the appropriate PPE.
- 13. Before commencing work, warn others who may be working in the vicinity of the equipment, to keep clear. If possible place safety barriers and signs around your work area.
- 14. Always position the ladders in the direction you intend to work.
- Ensure personal clothing does not obstruct climbing or descending the ladder.
- 16. Only one person must climb or ascent the ladder at any one time.
- 17. Do not over burden yourself with tools or equipment whilst climbing or descending the ladder. Use tool bags or similar containers.

## **USING THE ROOF LADDER**

### **SAFETY CHECKS**

- 18. Visually inspect the ladder for serviceability (completeness, signs of damage, undue wear, security of stays, etc.). Do not use the equipment if found damaged or worn - contact the hire company immediately.
- 19. Ensure the ladders are long enough for the task in hand.
- 20. Do not use the ladders to breech a gap between two structures.
- 21. Before attempting to operate the equipment, ensure the rungs and ladder sides (stiles) are clean and not slippery.

#### **ERECTING THE LADDER**

- Check for objects and structures that may obstruct the manoeuvring the ladders.
- Ensure the ladder is of sufficient length for your transfer from an access ladder, or scaffolding platform, to the roof ladder.
- Seek assistance with the manhandling, erecting and securing of the ladder.
- 25. Use the wheels on the reverse side of the ladder to position it into the correct location, then, carefully turn the ladder over to locate the ridge iron over the ridge tiles.
- 26. Do not clutter the ladder steps with tools or materials.
- Once the ladder is correctly located, secure it by tying it in place, if possible.

### **CLIMBING AND DESCENDING LADDERS**

- Always use both hands and face the ladder when climbing or descending.
- Always climb and descend ladders in a steady, but firm, manner, one rung at a time.
- Always face the ladder when working, do not twist, reach or lean too far with your body or arms.
- 31. Both feet must be in contact with the ladder at all times.
- 32. Be aware of overhead obstructions i.e. cables, overhead projections, etc.
- 33. Only one person must climb or descend the ladder at any one time.

#### **SECURITY & MAINTENANCE**

- 34. Visually check the condition of the ladder at the start of each day.
- 35. If the ladder is found to be unserviceable, do not use and do not attempt to repair it. Inform the hire company.
- Periodically clean the ladder to ensure it is free from dust, dirt and other debris.
- 37. The ladder must not be left unattended for lengthily periods. Ensure they are made secure to prevent their unauthorised use, or lost.

#### **COLLECTION & PICK-UP**

For safety reasons this equipment requires you to use a LORRY.

